



1630 Main Street, Suite 208
Chester, MD 21619
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Lawrence D. Jacobs, M.D.

PATIENT NAME: _____ AGE: _____

REFERRING PHYSICIAN: _____
(Signature needed for Medicare consultations)

INDICATION FOR STUDY: _____

CALL RESULTS TO: _____ FAX: _____

TESTING SCHEDULED FOR: Day _____ Date _____ at _____ AM
(M-F) PM

PLEASE PERFORM

SPECIAL INSTRUCTIONS

- Consultation
- Event Recorder
- Holter Monitor

ULTRASOUND

- 2-Dimensional/Doppler Echocardiogram

STRESS TEST

- Exercise Treadmill Test
- Exercise Treadmill Test w/Nuclear Testing
- Pharmacologic Stress Test w/Nuclear Testing

REFERRING PHYSICIAN: PATIENT'S INSURANCE REFERRALS MUST BE SPECIFIC FOR TEST NOTED ABOVE OR PATIENT WILL BE RESCHEDULED.

PATIENT INSTRUCTIONS ON REVERSE SIDE

THIS IS NOT AN INSURANCE REFERRAL.

INSTRUCTIONS FOR ALL STRESS TESTING

1. Please wear loose clothing (pants or shorts, short-sleeved tops with no metal buttons or metal zippers) and comfortable walking shoes. Avoid one-piece outfits or dresses. Women should wear a bra without underwires. Do not apply oils or lotion on the chest area.
2. No caffeinated or decaffeinated coffee or tea, and no chocolate is allowed 24 hours prior to your appointment. Caffeine-free sodas are permitted.
3. You may have a light meal up to three hours prior to the test. If you have scheduled an early test, you may bring a light snack to eat after the stress portion of the test has been completed.
4. Please bring a complete list of your medications with current dosages to your appointment.
5. Take your medications as you normally do *unless* otherwise instructed by your personal physician.
6. Please arrive fifteen minutes prior to your appointment with a referral from your primary care physician, if required by your insurance company.

CARDIOLOGY ASSOCIATES, P.C.

1630 Main Street, Suite 208
Chester, MD 21619
(410) 573-6480
Toll Free (800) 339-2158

HOURS OF OPERATION

Monday through Friday, 8 am - 4 pm

DIRECTIONS TO OUR OFFICE IN STEVENSVILLE

FROM ANNAPOLIS: Proceed on Rt. 50 East. Cross the Chesapeake Bay Bridge approximately 3 miles to Dominion Road, Exit 39B, Rt. 522. Go to light and make a right onto Main Street. Proceed one block onto Rt. 18 West continue 1/4 mile (cross over Rt. 50). Make first left into parking lot before the traffic circle. Our building is on the left.

FROM THE EASTERN SHORE: Proceed on Rt. 50 West. Take Exit 39A onto Castle Marina Road. Go one block to traffic circle. Go 1/4 turn around circle and make a right onto Rt. 18, Main Street. Make first right into parking lot. Our building is on the left.

